





## The Sharks Compete at the Intercollegiate Level in the Following Sports:

- Men's: Baseball, Basketball, Bowling, Cross Country, Equestrian, Golf, Lacrosse, Soccer, Tennis, Track
- Women's: Basketball, Bowling, Cross Country, Equestrian, Lacrosse, Soccer, Softball, Tennis, Track, Volleyball
- Cheer Team and Dance Team sponsored by the Athletic Department

## **Intramural Program**

Suffolk has been recognized as having one of the most diverse community college intramural programs, with a wide array of offerings and events for students and staff.

## **Eligibility Requirements**

Students who wish to participate in intercollegiate athletics may take their classes at any Suffolk County Community College campus. Student-athletes must maintain enrollment in twelve (12) or more credit hours a semester. All eligibility is determined by the NJCAA eligibility guidelines.





of Collegiate Athletic Directors of America (NACDA) and NATYCAA to the top intercollegiate two-year athletic programs in the nation. The Cup recognizes institutions that excel at a national level in both men's and women's team athletics. This award is a

tribute to the dedication of our coaches and the commitment of our student-athletes.



"Playing for two years at Suffolk had a positive effect on me as an athlete and a person. I learned life lessons in addition to baseball, focusing on things like accountability, perseverance and patience."

- Charles Caputo, Baseball, Class of 1988



"The athletic programs, staff, and coaches have undoubtedly made my two years at Suffolk worthwhile. I have had the opportunity to learn and grow, not only as an athlete but as a person."

- Nicole Alvarez, Women's Basketball, Class of 2013



"I have been officiating at the amateur and professional level since 1979, and rarely have I seen such professionalism. Kudos to everyone at Suffolk."

- Ed Incle, Region XV Referee

