

- Ramadan is one of the holiest months in the Muslim Religion. Observers will abstain from food and drink from dawn to sunset.
- Practicing Muslim members of the college community may rise before dawn for prayer and remain up past midnight.
- It is courteous to consider students and staff participating in Ramadan as they may become tired, hungry, or dehydrated throughout the day. They may choose to avoid participating in certain activities or areas such as the cafeteria. The may also experience exhaustion and have trouble focusing, especially during the first few days of fasting.
- Fasting can get easier as the days progress, however use judgement and provide alternative options or accommodations if necessary.