Chemical Dependency Counseling Program

Training Program for the New York State Credentialed Alcoholism and Substance Abuse Counselor (CASAC)



Suffolk
COUNTY COMMUNITY COLLEGE

Michael J. Grant Campus
Health Sports and Education Center, Room 135
1001 Crooked Hill Rd., Brentwood, New York 11717

Program Requirements	Credits
FIRST SEMESTER	
ENG101: Standard Freshman Composition	3
• CDC111: Chemical Dependency in American Society	3
PSY101: Introduction to Psychology	3
MAT103: Statistics I	3
HSC114: Group Dynamics	3
COL101: Freshman Seminar	1
SECOND SEMESTER	
• CDC115: Dynamics of Addiction	3
• CDC120: Chemically Dependent Family Systems	3
Communications Elective	3
English Elective	3
PSY210: Developmental Psychology or PSY215: Abnormal Psychology	3
THIRD SEMESTER	
• CDC225: Criminal Justice System and Chemical Dependency	3
• CDC230: Professional Documentation: Data Collection, Assessment, Treatment Planning	3
• CDC235: Techniques for Counseling the Chemically Dependent Client	3
Laboratory Science Elective	4
Physical Education	1
FOURTH SEMESTER	
• CDC240: Chemical Dependency Education and Prevention	3
• CDC246: Advanced Techniques for Counseling the Chemically Dependent Client	3
• CDC250: Habilitation and Rehabilitation of the Chemically Dependent Client	3
• CDC255: Field Practicum or Cooperative Education in Chemical Dependency Counseling	7
Physical Education	1
Total credits	**62**

Financial Aid

Funding is available to defray a significant portion of student tuition and fees for all students enrolled in the CDC program who are taking a minimum of 6 credits per semester. Contact the Program Coordinator for additional information.

The Chemical Dependency Counseling Program (CDC) prepares students for employment or advancement in the field of chemical dependency counseling. Graduates will have fulfilled all the educational and internship requirements set forth by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

In addition to the CDC specific courses, the associate degree curriculum includes a liberal arts base.

The program includes a semester of supervised internship in an OASAS licensed treatment facility. Upon graduation, students are eligible to apply to OASAS to become Credentialed Alcoholism and Substance Abuse Counselor-Trainees (CASAC-T). At this point, they may begin working as a chemical dependency counselor and may also continue their academic studies toward a bachelor's degree.

Graduates can sit for the International Credentialing and Reciprocity Consortium (IC&RC) for the Credentialed Alcoholism and Substance Abuse Counselor examination and then need to complete only the supervised work experience requirements in an OASAS approved program to be issued full CASAC credentials.



Post-Graduate Training

Suffolk offers CDC courses for continuing education. Students who have either an associate degree, a bachelor's or a master's degree from an accredited college are only required to complete the Chemical Dependency Counseling (CDC) courses. For individuals seeking to develop a new career in the behavioral health field, all CDC courses can be applied towards initial CASAC credentialing. For professionals in the field, all continuing education courses can be applied towards CASAC re-credentialing.

The CDC faculty is highly trained and they are experienced professionals with relevant up-to-date knowledge of evidenced-based treatment practices.

We invite all behavioral health and human services professionals to explore the exciting educational opportunities for substance use disorder counselor training and continuing education at Suffolk.

Degree Program: Associate in Applied Science (A.A.S.)

CASAC Credential: All CDC courses are OASAS approved for meeting all or part of the CASAC education and training requirements.

Campus: The entire program is offered on the Michael J. Grant Campus in Brentwood. Select courses are offered on the Eastern Campus in Riverhead and Ammerman Campus in Selden.

OASAS Improving Lives.

New York State Office of Alcoholism and Substance Abuse Services
www.oasas.ny.gov

Admission Procedures and Requirements

- Registered students are required to schedule an interview with the CDC Program Coordinator for acceptance to the program.
- Students must be eligible to take ENG 101 as a prerequisite to the CDC program.
- Classes are offered in the fall and spring semesters. Admission to the CDC program is on a rolling basis.





Chemical Dependency Counseling (CDC)
A.A.S. Degree Program

Personal Introspection

It is the expectation of this program that all students will respect the unique character of the counseling relationship and as such will reflect seriously upon the way use and abuse of alcohol and mood-altering drugs would likely affect the quality of professional services offered to individuals and families struggling with a substance use disorder. Prospective students who are in recovery should achieve at least two years of continuous recovery before being admitted to the CDC program. Professional standards of conduct and adherence to the Canon of Professional Ethics outlined by the New York State Office of Alcoholism and Substance Abuse Services will be required of all admitted students for continuance in this program.

This project is supported by the Substance Abuse and Mental Health Services Administration (SAMHSA) and the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number G02Hp27911-01-00, Behavioral Health Workforce Education and Training for Paraprofessionals, Total award $847,059. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the SAMHSA, HRSA, HHS or the U.S. Government

Kathleen Ayers-Lanzilotta, MPA, CASAC
CDC Program Coordinator
631-851-6594
ayersk@sunysuffolk.edu

Suffolk
COUNTY COMMUNITY COLLEGE

sunysuffolk.edu