XBS106 STUDY SKILLS **Tuition $45.00**

This course is designed to improve the student's ability to study for college level courses. This skill is essential to academic success. (1 meeting)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97502	Ammerman	Saturday	8/24	9:30am-12:30pm	Riverhead Bldg., 126

XBS116 TIME MANAGEMENT **Tuition $45.00**

Learn how to meet the conflicting demands on your time. This workshop will teach you strategies that will help you find more time and overcome procrastination, become better organized, clarify your goals, and establish priorities. Upon completion of this course, students will be better prepared to achieve their educational objectives. (1 meeting)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97503	Ammerman	Saturday	8/17	9:30am-12:30pm	Riverhead Bldg., 126

XBS108 IMPROVING YOUR WRITING SKILLS **Tuition $135.00**

This course will cover both the theory and the practice of writing. These skills are essential to academic success. (5 meetings)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97504	Grant	Mon/Wed	9/9-9/23	6:00pm-9:00pm	Sally Slacke Ctr., 105

XMA102 INTRODUCTION TO MATH FOR EVERYDAY LIFE **Tuition $150.00**

This course will prepare students to perform a variety of computations needed to conduct basic personal transactions. (4 meetings)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97505	Ammerman	Friday	10/4-10/25	6:00pm-9:00pm	Southampton Bldg., 128

PARENTS AND CHILDREN

XPR104 INQUIRY-BASED SCIENCE FOR PARENTS AND GUARDIANS **Tuition $108.00**

Prepares adults to help children and teenagers understand the science they are learning in school. Changes in curriculum and lack of recall often render adults helpless when they try to assist their children with science. The course covers science topics from elementary school through high school and illustrates the variety of contemporary hands-on approaches schools use to present them. (4 meetings)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97506	Sayville	Mon/Wed	9/9-9/18	6:00pm-9:00pm	311

XPR107 CONSCIOUS PARENTING! HOW TO CONNECT MORE AND DISCIPLINE LESS **Tuition $85.00**

Learn about the theory and practice of conscious parenting. This workshop will instruct you how to affect change and improve your child's behavior through recognizing and eliminating parenting behaviors that are not serving your child's needs and focusing on those that will.
Note: Class will not meet 10/8. (4 meetings)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97507	Sayville	Tuesday	10/1-10/29	7:30pm-9:00pm	308

EXAM PREPARATION

XEP107 CIVIL SERVICE PREPARATION **Tuition $99.00**

This course will assist students as they prepare for civil service and other employment examinations. (3 meetings)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97508	Ammerman	Wednesday	10/9-10/23	6:30pm-9:30pm	Southampton Bldg., 121

XEP100 NOTARY PUBLIC PREPARATION **Tuition $35.00**

Prepare for New York State's Notary Public Exam. This course will familiarize the student with registration and test procedures in addition to covering notary public license law.
(1 meeting/3 hours)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97509	Ammerman	Wednesday	9/18	6:00pm-9:00pm	Southampton Bldg., 25
97511	Online	Online	10/14-10/20	Online	Online
97512	Online	Online	11/18-11/24	Online	Online