SURGICAL TECHNICIAN

Interested applicants must meet the income eligibility requirements as specified by the grant program, as well as the application criteria, which includes a high school or High School Equivalency transcript, TEAS Exam scores, two essays and an interview. Please call Andrea Dunkirk at 631-451-4832 for an application information/packet and income eligibility requirements.

SURGICAL TECHNICIAN PROGRAM



No Tuition Required

The goal of the Surgical Technician Program is to graduate qualified students with the knowledge and confidence to function independently and safely in a surgical operating room or a similar sterile environment. Participants must be dedicated to the program to learn all the skills and techniques required to become a Certified Surgical Technician. Admission into the 2019 Surgical Technician Program is open to 10 applicants who meet the program criteria and eligibility. This one-year program, beginning on October 15, 2019, requires students to attend all classes and labs. In addition, the program will require 120 clinical scrub-ins at an offsite hospital and/or surgical center. Participants will be required to provide their own transportation to and from the clinical site. The coursework for this program requires a full commitment from the student. Studying, classroom learning, labs and clinical rotations will be very intense and time consuming. This program must be a priority for a successful outcome. It is expected that all assignments will be completed on time and all classes, labs, and rotations will be attended. A career as a surgical technician can be very rewarding, however, it requires full dedication. The effort put into this program will directly affect the outcome.

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CAMPUS	DAY	DATE	TIME	ROOM
Sayville Center	M/Tu/W/Th/F	Begins 10/15/19	8:00am-5:00pm	314

HEALTH AND WELLNESS COURSES

SELF-EMPOWERMENT AND SELF-IMPROVEMENT

XSH122 STRESS MANAGEMENT — Tuition $45.00

Most people are not aware of the magnitude of stressors in their lives. This course is about learning to "positively adapt" yourself to ensure a healthier way of being. Learn to do so, as you examine personal and professional applications in managing stress. This course will give you practical tools to enhance your ability to RELAX and to handle stress more effectively. (1 meeting)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97621	Ammerman	Saturday	9/7	10:00am-12:00pm	Southampton Bldg., 225

XSH133 MINDFULNESS THROUGH MEDITATION — Tuition $35.00

Today more than ever before, people from every walk of life are using meditation, with its tremendous health and social benefits, to enhance their personal or professional lives. This course explores Eastern and Western philosophy and meditative approaches. Please bring the following to class: a mat, cushion or blanket, paper, pencil, and a water bottle. Please dress in comfortable clothing. (1 meeting)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97622	Ammerman	Saturday	9/14	10:00am-1:00pm	Brookhaven Gym, 2

XHE100 PLANNING FOR LIFE: SENIORS GUIDE TO ADVOCACY — Tuition $45.00

This course will prepare the student on how to frame questions to healthcare professionals. It will provide information about how to complete a healthcare proxy form, the difference between a healthcare proxy form and a living will, the difference between advance directives and a Do Not Resuscitate (DNR) order, and when a Medical Orders for Life Sustaining Treatment (MOLST) form is needed. Class discussions will include life-limiting illness, choices of medical care, and communicating choices with family and loved ones. (1 meeting)

CRN	CAMPUS	DAY	DATE	TIME	ROOM
97623	Sayville	Monday	9/16	6:00pm-9:00pm	308